

### SHEPHERDS

Barry McDowell  
Jimmy Neatherlin  
J. R. Stroble

Our Door is Open

Anyone wanting to meet with our Elders is encouraged to contact any of the elders to set up a time.

### DEACONS

Travis Crandall  
Johny Harris  
Larry Mitchell  
Mike Owens  
Virgil Smith  
Glenn Wells

### Ministry Team:

*Jill Crandall  
Bruce Daughtry  
Tammy Frintz  
Brian McGonagill  
Glen Moore  
Eleanor Nelson  
Mark Schinnerer  
Charlie Weatherford*

### Sunday Services

Sunday Bible Class 9:00 am  
Morning Worship 10:00 am  
Evening Worship  
5:00 pm

### Wednesday Fellowship

Wednesday Night Meal  
6:00 pm  
Bible Class  
7:00 pm

Welcome to  
Sunset Church of Christ



Building Bridges

Volume 51 Issue 38

September 18, 2018

## NOTES FROM THE ELDERS

### Deacon Selection

**Sept. 9 to 23** - Selection committee will be established and begin formalizing the selection process. Mark Schinnerer is the lead and has identified the committee members and plans to meet to provide a brief explanation of the future Elder/ Deacon structure.

**Sept. 30** - Brian will preach on the qualifications of Deacons, and a list of qualifications will be handed out with nomination forms (to be returned Oct 7th).

**Oct. 7** - Nomination forms returned to the committee, and an update on the selection process will be provided.

**Oct. 14** - List of nominees will be presented to the congregation with instructions on how members should handle any objections with a one-on-one discussion and the criteria for how objections will be handled if not resolved individually. Due back to the committee on Oct. 21st.

**Oct. 21st** - Objections/comments returned to the committee. Committee meets over the next two weeks to address issues and meet with nominees.

**Nov. 4th** - Final list of nominees and ballot forms handed out to the congregation to be returned to the committee by Wed. by Nov. 7th.

**Nov. 11**-Installation of Deacons

### Training

Two new training efforts are underway for youth and for adult professionals that will develop them into potential future leaders in the church. Orlando Ortiz is beginning an initiative to train youth in church leadership called The Timothy Club.

And, we have initiated a Servant Leadership Workshop that will begin this week. Men of the congregation from college-age to working professional-age (up to approximate retirement age) have been invited by us to the first workshop. The first workshop will be eight sessions and each session will be held every two weeks, ending just before the Christmas break. Our own servant leaders from elders, deacons, ministers and the congregation will be teaching the younger men what it means to be a servant leader in the church as illustrated in the Bible. Then, at the beginning of the year we will begin the second workshop for another eight sessions with a new selection of attendees.

### Men's Meeting

Our first men's meeting was held on September 9<sup>th</sup> and was well-attended. We appreciate the men that could make it and are looking forward to the next one. The date for the next meeting should be announced soon. We plan to continue these meetings on a regular basis as we strive to get more men involved in our every-day work as a church family.

## Prayer Request:

### Under the Weather



**Crystal Hughes** will have surgery at MD Anderson this week.

**Remember the following as they continue to heal:** Ernestine Bryan, Ron Clem, Becky Cunningham, Bruce Daughtry, The Harringtons, Lorie Mitchell, Richard Titus, Erma Waldrop, Tommy Warren, and Dee Witherspoon.

**Home Bound:** Grace Autry, Bob and Velma Brown, Durees Carriaga, Vallaree Cherry, Audrey Fisher, Vivienne Garner, Enid Gates, Kay Oakley, Lee Richards, Richard Titus, and A.W. & LaDon Williams.

**Prayer Connection Cards:** Ashley Dodd, Bob Doney, Phil Espinosa, Rod Halford, The Henrys, and everyone affected by the hurricane.

## Jill's Corner



**How to help your kids stop listening to the negative voice in their heads** *Article from mylifetree.com*

Dear parent of a pre-teen or teen—the competition has started.

Whether you can recognize it yet or not, you've started to compete with another voice influencing your teen. It's not the voice of their peers (though certainly they're influential, too). It's not their teachers or coaches.

It's your child's inner voice, and it's not always kind. This inner voice, which naturally develops as part of our identity-formation process, starts talking sometime in early adolescence, and in the midst of speaking some truth, it also says things like:

- "That's stupid. People will think you're weird."
- "You shouldn't have said that. Now they won't like you."
- "They're probably talking about you behind your back."

Unfortunately, we can't keep this voice from talking to our kids. But we can help them learn how to challenge what they're hearing from their negative self-talk and discern the difference between it and the true voice God wants them to hear: His voice. Here's how-

### Three ideas for helping kids challenge their negative inner voice

#### Teach them to capture their thoughts

How they do it: Kids can capture their thoughts by writing down what their inner voice is saying, texting it to themselves, or speaking the words into a recording on their phone. Just the step of recording thoughts promotes better objectivity, but they can take it a step further by reviewing the notes hours or days later to spot patterns.

What it does: Recording the steady stream of conversation from their inner voice exposes it to better critical thought and gives kids the ability to be more objective about what they're hearing. They'll get better at spotting lies and truths, and quicker to shoot down the lies when they pop up.

What you can do: Kids will often vocalize what their inner voice is saying. When they do, and you notice a negative tone, make a note of it yourself. Pray over any lies you're hearing them speak and ask God for guidance about how to counter these lies with his truth.

#### Give the negative voice a nickname

How they do it: Choose a generic name, like Negative Nancy or My Mean Voice, or get more creative with a really silly name. Then, when they review the thoughts they're capturing, they can ask, "Is that really true or is it just My Mean Voice talking again?"

What it does: One of the most difficult things about the voice in our heads is that it sounds just like us, which makes it seem more truthful. Teach your kid to deny it this advantage by giving their inner negative voice a nickname that's separate from their actual name. Doing so will help them distance themselves from the negativity and provide better clarity about what's real and what's not.

What you can do: Use this generic or silly name in conversation when you suspect their negative voice is influencing them, like "Is that you or Your Mean Voice talking right now?"

#### Practice listening to God's voice

How they do it: Learning to hear God's voice can be challenging (maybe you even struggle with it yourself as an adult. That's normal.), but God wants to share his thoughts and heart with us and will help your kid hear him. Learning to hear his voice follows similar steps—namely spending time writing/speaking prayers, and then recording what they hear.

What it does: God's voice speaks truth and freedom to our kids, and naturally combats negativity and false truths.

This Sunday right after morning services, we will be honoring all 6th graders and their families.

Sixth grade is a time when these kids are faced with new challenges, and we want them to know how much they are loved and supported by their church family! We will provide lunch along with a couple of devotional thoughts and a special gift for each student. Please pray for these students and let me know if anyone has been left off by mistake.

Ashlynn Bourgeois

Kyler Daughtry

Rylee Dingler

Jacob Griffin

Blake Walden

## Announcements:



This week's sermon we will continue to look at discipleship and look at Jesus' terms for discipleship. That we can't look back, and he doesn't want our excuses, he wants your trust and commitment. But when we do look back and fall away we must repent and strive forward.

For the month of **September**, the **Kid's Cash** is going to **African Christian College** to help provide bicycles for the graduates except for this **Sunday, September 23rd**. It will go to the **Children's Home of Lubbock** for their annual **Dollar Days** campaign.



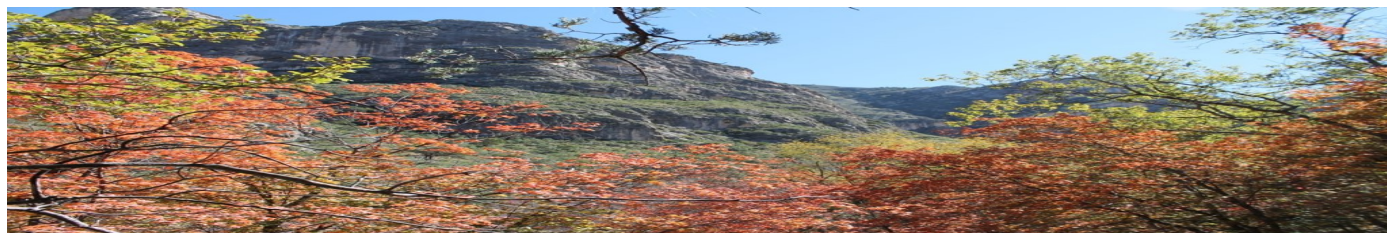
## SUNSET YOUTH GROUP

### A Journey of Faith Youth Hike

**Where:** McKittrick Canyon Trailhead

**When:** September 29, 2018 9:30-3:00ish

**What to expect:** Come dressed to hike and bring plenty of water and a sack lunch.



Join us, as we embark on our hike, we will learn from biblical examples of what it takes to walk a journey of faith.

Please email RSVP by September 28, 2018 to [charlie.weatherford@yahoo.com](mailto:charlie.weatherford@yahoo.com) and Sunset Church of Christ will pay the entry fee.



All ladies are invited to **Ladies' 3D** (dinner, devo, and dessert) on **Monday, October 1st** at **6:00 pm** in the Multi-Purpose Room. Jill Crandall will be our speaker. Bring your friends for this fun time of fellowship.

Ladies, mark your calendars for **October 12th-14th** for our annual retreat at Mountain View. Our theme this year is "My Soul Thirst For You". Our speaker will be Carrie Blair from Lubbock, Texas. More information will follow soon.



#### Clothing Room



#### Clothing Room

We are growing and need help! If anyone would like to help with the Clothing Room when we have "work days" or on the days we are Open (which is the second Sunday of each month from 1:30-4:00 pm), and would like to be notified via text messages, please call Eleanor at the office (887-1278, ext. 302) and we'll add you to our group texts!

## Baptisms & New Members:

**Doug and Kim Dodd** have placed their membership with the Sunset family! Make sure to welcome them. Their address is 4007 Rio Arriba Rd and their phone numbers are 505-330-0736 (Doug), 505-486-4788 (Kim).

**Charles Ruble** was baptized on **Sunday, September 16th**. He has two children: James and Tyler. His address is 1108 W Ural and his phone number is 575-494-0452. We are so proud of your decision. Welcome to the family of God Charles!



## Thank You Notes:

*Thank you for prayers for Amarah Kendall. She had an experimental surgery on her cancerous tumor and it was successful. ~ Jesus & Sally Fierro*

The meal is at 6:00 pm and Bible class starts at 7:00 pm. Volunteers for Wednesday night meals are needed. Sign up on the calendar in the kitchen or call the office at 887-1278.



*Contribution For  
Sunday, September 9, 2018*

<b>Checks</b> \$4,882.00	<b>Average</b> \$10,446.78	<b>Wednesday, September 12th</b>
<b>Bills</b> \$596.00	<b>Weekly Budget</b> \$11,166.00	<b>Ladies Bible Class</b> 26
<b>Change</b> \$1.05	<b>Weekly + or (-)</b> \$(719.22)	<b>Evening</b> 113
<b>Online Giving</b> \$1,890.00	<b>Kid's Cash</b> \$269.26	<b>Sunday Morning</b>
<b>Total</b> \$7,369.05		<b>Bible Class</b> 117
		<b>Morning Worship</b> 179
		<b>Evening Worship</b>
		<b>Singing In The Clouds</b> 50

Sunset Bulletin  
Sunset Church of Christ  
1308 W. Blodgett St.  
Carlsbad, NM 88220

*PERIODICAL RATE*  
Sunset Bulletin (USPS 913-140) Published weekly, except the last two weeks in December, by the Sunset Church of Christ meeting at 1308 West Blodgett Street, Carlsbad, New Mexico 88220. Periodicals postage paid at Carlsbad, New Mexico 88220. POSTMASTER SEND CHANGE OF ADDRESS TO:  
SUNSET BULLETIN, 1308 W. BLODGETT ST, CARLSBAD, NM 88220

*Men to Serve for Sunday, September 23, 2018*

<b>Speaker:</b> Charlie Weatherford	<b>Men To Serve</b>	<b>Greeter &amp; Nursery Schedule</b>	<b>Communion Talk Schedule</b>
<b>Worship Leader:</b> Mark Schinnerer	<b>Communion:</b> Todd Allison		
<b>Welcome:</b> Jimmy Neatherlin	Jon Barnes	<b>Greeters:</b> Red Team	<b>September 30th-Kelly Henry</b>
<b>Scripture:</b> Rocky Ybarra	Lanny Barnett		
<b>Communion Service</b> Johny Harris	Martin Campos	<b>Nursery Attendant:</b> Mandy Morgan	<b>October 14th-Mark Johnson</b>
	Jeffery Carr		
	Justin Carr		
	Ron Clem		
	Travis Crandall		